FROM REALITY WE GAIN UNDERSTANDING

Email: seaford.ps@edumail.vic.gov.au
Website: www.seafordps.vic.edu.au

20/09/2012

FROM THE PRINCIPAL’S DESK

Missing Form: In last week’s newsletter I spoke about our fitness track and indicated that there was a form in the newsletter for you to complete to indicate your preparedness to help in the preparation of the site and the installation of the equipment. Unfortunately the form was not included in the newsletter, but does appear in this one. Please fill in and return at your earliest convenience, if you think you would be able to assist.

Telstra Everyone Connected: Earlier this year we put in an application for a grant which was being offered by Telstra. This was a grant available to Not For Profit Organisations across Australia. 100 grants, each of $10,000, were being offered. We have received notification that 1250 applications were received, and that Seaford Primary School’s application was one of the successful ones. The application we submitted was to purchase a quantity of laptop/notebook computers to support the school’s cybersafety and cyberbullying awareness programs. This program will be up and running next term. On behalf of the school I would like to recognise and thank Telstra for making these grants available and for providing this sort of funding to organisations such as ours.

Concert: Tomorrow is our annual concert at the Seaford Community Centre, with entry being a gold coin donation. (or greater if you would like). The children have been practicing hard for this event and are very much looking forward to presenting their items to the school community. Yesterday each grade went to the Seaford Community Hall for final (or almost final) rehearsals. The concert will commence at 10 a.m and is expected to be finished by 12. Students can be collected and taken home at the end of the concert – please make sure you see your child’s teacher to sign him/her out prior to leaving. Children not signed out at the hall will return to school where they will be dismissed at 2.30 pm.

Raffle: Thank you to all of you who have donated items to our raffle and who have purchased tickets. Tickets can also be purchased at the door of the concert. The raffle will be drawn at the end of the concert.

Canberra: Our year 5 and 6 students will be off to Canberra on the first day of term 4. This event occurs every two years and is part of our outdoor education/camping program. The students have been preparing for this in their classroom in the Civics and Citizenship program which is part of VELS Level 4. The students need to be at school no later than 7 am on Monday October 8th and are expected back on Friday October 12th at about 6 pm. Exact arrival time will be known early afternoon on the 12th and will be posted on the school’s website. Alternatively, you can call the school after 2.30 for an ETA update.

Sun Smart Hats: As is the policy of the school, all students are required to wear a sun smart hat – either broad brimmed or legionnaire in both terms 1 and 4. Please take the time to check that your child does have a school hat to wear as from the commencement of term. Hats can be purchased from the school uniform shop which is open from 9 – 10 am each Friday. Please note that due to the concert, the uniform shop will not be open this Friday.
NAPLAN: The results of the NAPLAN Test which our year 3 and 5 students participated in during term 3 have now arrived and have been sent home today. Please take the time to look at these, and should you have any concerns contact your child’s teacher early in term 4 to discuss them. NAPLAN results are more relevant when viewed as part of the overall progress of your child across a range of assessment data collected by your child’s teacher, rather than being viewed in isolation.

I wish everyone an enjoyable break and look forward to seeing you all again on the 8th of October for the commencement of term 4.

Regards

Michael

Seaford Primary School’s
Concert 2012
‘Kids Matter’
Friday September 21st
at
Seaford Community Hall
10.00am to 12.30pm
Gold coin donation at the door
Raffles with great prizes to be won
CELEBRATING OUR CHILDREN’S ACHIEVEMENTS

Harrison and Madeleine received Indonesian awards at assembly last Friday.

Annika and Lucy received silver awards from the Commonwealth Bank for making 20 deposits into their dollarmite accounts.

Harvey and Esha received the Drawing Club award at assembly.

Tabatha showed us her medal that she received for playing at half time on the MCG with Auskick.

Kaylan showed us the shield he received from the Seaford Junior Football Club.
**FOR YOUR INFORMATION**
**BY MICHAEL WOOLSEY, School Community Liaison Officer.**

**DEALING WITH CHANGE**

Things change so fast in life that we often feel like we adjust to one change and the next one is taking place.

To deal with change we need to accept that we may feel a struggle with the situation or even a time of grieving or loss. Talking about what we are experiencing and allowing time to process feelings and experiences can be very helpful.

This is where options are identified and information gathered and sifted through. New plans are also made and experimented with.

Maintain your health and allow for this time of reflection and discussion.

**CHILDREN DEALING WITH CHANGE**

Children have much change in their lives, whether it is moving house, changing friendships, changing schools or dealing with the divorce of parents.

There are things in their life that they have to give up, get over to learn to accept as new. This causes stress and sometimes they will remember the change forever. It is the role of the parent to help the child through these transitions whether big or small in your eyes.

When a baby, the child needs to give up bottles, blankets and toys and although trivial to us, these things can be extremely traumatic to the child if not handled properly. The memories can be there for the rest of the child’s life and it is up to us to make those memories of change good ones instead of bad. We are talking about the child moving out of what they see as their comfort zone, after all. Why wouldn’t it be uncomfortable for them?

**HOW DO I HELP MY CHILD?**

All children are different. They have different things to deal with in life and react differently to the changes also. Each relationship between parent and child is also unique. The way you need to help one child through a change will most probably not be the same as the next child who you help through the same change.

Don’t judge your child. Try to listen and be understanding, giving them options which are realistic and safe. You may need some time to consider the situation and how you can assist the child before tackling the issues. Let the child know that you will talk to them about it when you have thought about it a little more. The child then knows you haven’t forgotten them and you have the best advice to offer when you do.

You can sit and hug, cry or laugh with your child, but be strong. You are the one they are looking to for advice and stability.

Only say what you are prepared to follow through with and what you honestly mean. If it is a change that involves you needing them to give something up and you feel strongly about it, then do not give in. You will only have to go through it all again when you get the strength to make the request again. The child who wants to take their dummy to school even when they have started grade prep is a good example of this.

Be there for the child when they are feeling down as they need you. It paves the way for the future when they have relationship and friendship changes and are dealing with peer pressure to smoke and do drugs. As the parent you still have the responsibility to help your child through change so that they come out safe and emotionally intact, so begin cementing the parent-child relationship early and be someone that they can lean on and depend upon to be there to listen and assist.
INTERESCHOOL CHESS TOURNAMENT

Last Tuesday our chess team competed in a chess tournament at Kingsley Park Primary School. We had eleven players in the team and for four of those children it was their first interschool tournament. The children were naturally excited, especially the first timers. There were one hundred children competing on the day. As always the children were fantastic ambassadors for our school, always doing as they were asked, when they were asked, accepting the arbiter's decision without further discussion, and of course gracious winners and good losers. The bonus for the day was coming in third and we once again qualified for the Victorian Finals. I would like to thank Sandra Jennings, Clare Stone and Samantha Honey and Gaye for transporting the children to and from the tournament. Without their help we could not attend these tournaments.

The following are some comments made by some of the children.

D.J. – Thanks mum and dad for letting me come. I couldn't sleep the night before because I was excited.

Lachlan W.- We played some difficult but interesting games.

Indy-It was fun. Yay!!

Jai- It’s not about winning or losing but how you play the game but I couldn’t keep the smile off my face.

Ben- Everyone had a win so it was fun for everyone.

Tabatha-It’s fun playing chess when you have not been at a chess tournament

Moira Harbour
Chess Coordinator

CHELSEA BASKETBALL SCHOOL HOLIDAY PROGRAM

25TH, 26TH AND 27TH SEPTEMBER 2012

BONBEACH STADIUM

10.00am-3.00pm

$30 per day or $75.00 for all 3 days

Payment can be made on arrival and all children must bring basketball, snacks, lunch and drink

BBQ on last day supplied

All children receive a Chelsea drink bottle

Call 9776-1895 or email manager@chelseabasketball.com.au to register
Moonlit Sanctuary School Holidays
Young Ranger Program
Environmental Activities, Native Animal Care,
Fun and Games during Spring 2012.
Monday 24th, Wednesday 26th, Friday 28th September
Monday 1st, Wednesday 3rd, Friday 5th October
Cost: $39.00 per day, or $105 for 3 days.
Bookings essential - suitable 8-14 years.
Hours: 10AM – 3PM
Lunches: BYO or available for $7.50
Moonlit Sanctuary
550 Tyabb-Tooradin Rd, Pearcedale
Ph. 5978-7935
Web: www.moonlit-sanctuary.com
Open daily between 10am and 5pm

COMMUNITY NEWS
Displayed on the Noticeboard in the front foyer of the Office.
- GKR Karate For Everyone
- Frankston Blues Aussie Hoops Program
- Dandenong Lunar Drive In
- Batterup and Softball—Come and try Casey Softball Association
- Chelsea Basketball Summer Season
- Frankston Softball come and try days
- Bonbeach Bluejay Baseball come and try days
- Central Bayside Community Health Services Oral Health Program (Formally School Dental Service)
- School holiday Football
- Drum Lessons
- Bruce Hyland Karate—Peninsula Blvd Seaford.

CANTEEN
Please note that there will be no canteen on Friday 21st September (last day of term 3)
The school canteen will re-open on Friday 12th October (1st Friday of term 4).

SEAFORD PRIMARY SCHOOL FITNESS TRACK
I would like to assist with the preparation of the site and/or the installation of the equipment which will create a fitness track round the perimeter of the school oval.

Name: ________________________________
Oldest Child at Seaford Primary School ________________________________
Contact Number ________________________
Signed _____________________________

- We will contact you as soon as we know which dates we will be holding these working bees.